

MAZI- Chronic Disease Self-Management Program Carer Support Group - Series 9 Workshop 3

Workshop 3 – Vision, Hearing and Dementia – Ellena Kathelakis (GOC Care) 22/8/18

Activity	Duration	Description
10 am MAZI -Dimitria	15 mins	Arrival/Registration/Introductions
10:15 am Ellena Kathelakis- GOC Care.	75 mins	Vision, Hearing and Dementia - 60mins Q&A- 15mins
11:30 am	20 mins	Break- Coffee Time!
11:40am F3PT- Aslihan Mustafa	40 mins	Exercise improves Hearing and Vision- Let's Move!
12:30pm		Finish and Clean Up