

MAZI- Dementia Carer Support Group- Series 8 Workshop 3

Workshop 3– ‘Art For Healing’ Let’s Play with Clay – EMBODY ART (Rachel French) 23rd May 2018

Activity	Duration	Description
10 am MAZI -Dimitria	15 mins	Arrival/Registration/Introductions
10:15 am EMBODY ART- Rachel French	75 mins	‘Art for Healing’- Let’s Play with Clay - 60 mins Clean up - 15 mins
11:30 am	30mins	Break- Coffee Time!!
11:50am F3PT- Aslihan Mustafa	30 mins	Physical Exercise Program- for ‘Peace and Health’
12:30pm		Finish and Clean Up