

MAZI- Dementia Carer Support Group- Series 8 Workshop 1

Workshop 1– Dementia and Socialising- DO’S and DON’T’S – OZCARE DAS (Merril Gillman) 28th March 2018

Activity	Duration	Description
10 am MAZI -Dimitria	15 mins	Arrival/Registration/Introductions
10:15 am OZCARE DAS- Merril Gillman Dementia Advisor	75 mins	Dementia and Socialising- DO’S and DON’T’S - 60 mins Study Fact sheet “12 Top Tips in caring for a person with dementia” Q &A- 15 mins
11:30 am	20mins	Break- Coffee Time!!
11:50am F3PT- Aslihan Mustafa	40 mins	Physical Exercise Program- Exercises to enjoy together when caring for people living with dementia
12:30pm		Finish and Clean Up