

MAZI- Dementia Carer Support Group- Series 5 Workshop 2

Workshop 1– ‘Sensory Art Activities for people living with dementia’ 13th September, 2017

| Activity | Duration | Description |
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| 10 am MAZI -Dimitria | 15 mins | Arrival/Registration/Introductions |
| 10:15 am Aliko Rathgeber (Therapeutic Art Specialist/Art Educator) | 75 mins | ‘Sensory Art Activities for people living with Dementia’ - 60 mins Q &A- 15 mins |
| 11:30 am | 20mins | Break- Coffee Time!! |
| 11:50am F3PT- Aslihan Mustafa | 40 mins | Exercise Program- ‘Drawing with our bodies is Fitness and Fun’ |
| 12:30pm | | Finish and Clean Up |