

# Dementia Carer Support Group



The MAZI Project (The 'Together' Project)

---

Are you caring for a family member who is living with dementia and you would like to learn more?



Do you belong to the Greek, Russian, Coptic or Antiochian Orthodox communities?

## COME JOIN MAZI'S MONTHLY DEMENTIA CARER WORKSHOPS

Meet new people, listen to expert speakers, learn how to deal with stress in a positive way and take a well-deserved break by doing something for yourself.

**Wednesdays, 10am-12:30pm**  
**Greek School Building**

**25 Besant Street, South Brisbane.**

**Please phone Dimitria on 3249 1010 or**

**Email: [dimitria.notaras@goccare.com.au](mailto:dimitria.notaras@goccare.com.au)**

MAZI is funded by the Greek Orthodox Community of St George, Brisbane.