

Chronic Disease Self-Management Program



The MAZI Project (The 'Together' Project)

Have you been diagnosed with a Chronic Disease or are you caring for a family member who is living with Chronic Disease such as Diabetes, Cardiovascular Disease, Back problems, Mental Health Conditions?



COME JOIN MAZI's MONTHLY CHRONIC DISEASE SUPPORT GROUP WORKSHOPS

Meet new people, listen to expert speakers, have some fun and get fit at the same time.

Every workshop is supported with English /Greek translation.

Wednesdays, 10am-12:30pm
Greek School Building

25 Besant Street, South Brisbane.

Please phone Dimitria on 3249 1010 or

Email: dimitria.notaras@goccare.com.au