

Wellness Activity Program

Centre: South Brisbane

Month: June 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 PODIATRY Wellness Centre Activities: games, bingo Fun Fit (Mt Gravatt)
4 Wellness Centre Activities: bowling, bingo Fun Fit	5 Outing – Morning Tea Stapylton, Lunch – BMD Northcliffe Surfers Fun Fit	6 Wellness Centre Activities: bowling, bingo Fun Fit	7 60's & Better Fun Fit	8 Outing – Morning Tea Stapylton, Lunch – BMD Northcliffe Surfers Fun Fit (Mt Gravatt)
11 Wellness Centre Activities: bocce, bingo Fun Fit	12 Well Centre Activities: singing, card games, backgammon Fun Fit	13 Outing – Hoya Nursery Lunch -Carina Club Fun Fit	14 60's & Better Fun Fit	15 Wellness Centre Activities: bowling, bingo Fun Fit (Mt Gravatt)
18 Outing: Morning Tea Stapylton, Lunch – BMD Northcliffe Surfers Fun Fit	19 Wellness Centre Activities: singing, card games, backgammon Fun Fit	20 Wellness Centre Activities: washer game, bingo Fun Fit	21 60's & Better Fun Fit	22 Wellness Centre Activities: golf, bingo Fun Fit (Mt Gravatt)
25 PODIATRY Well Centre Activities: Golf, Bingo Fun Fit	26 PODIATRY Wellness Centre Activities: singing, games Fun Fit	27 PODIATRY Wellness Centre Activities: golf, bingo Fun Fit	28 PODIATRY 60's & Better Fun Fit	29 PODIATRY Wellness Centre Activities: bocce, bingo Fun Fit (Mt Gravatt)

PLEASE NOTE: This program is subject to change.

For further information or activity registration, please contact the Wellness Centre Coordinator on 3249 1010.