

The MAZI Project

(The 'Together' Project)



The MAZI Project aims to provide information and support to carers and older people in the Culturally and Linguistically Diverse (CALD) communities of Greek, Russian, Antiochian and Coptic (Lebanese/Egyptian-Arabic speaking) in Brisbane, Sunshine Coast, Logan-Beaudesert, Gold Coast and Ipswich areas.

MAZI is funded by Australian Government, Department of Social Services.

The MAZI Project provides support in many different ways:

- > Awareness and access to carer, aged, health and community services
- > Carer support groups for carers of people with dementia
- > Dementia awareness education sessions
- > Wellbeing classes for carers and older people from CALD backgrounds
- > Chronic disease self-management workshops
- > Physical and mental fitness activities
- > Diabetes awareness education
- > Heart health awareness education

The MAZI Project provides information and support to service providers who work with carers of older people from the Greek, Russian, Antiochian and Coptic communities to increase awareness of culturally appropriate aged care.



Join the MAZI Project activities

Carer Dementia Education

- > Carer support groups
- > Carer information sessions

Well-Being Education

- > Health care information sessions
- > Chronic-disease self-management workshops

Resource Promotion

- > Culturally specific tools
- > Aged care services information sessions

For more information about the MAZI Project please contact us on:

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